

# School Health Profiles 2014 West Virginia Rankings



## West Virginia middle schools and high schools ranked highest in the nation on these important indicators!

### School Health Education Requirements and Content

- 100.0% taught students about nutrition, dietary behavior, physical activity, and fitness
- 100.0% taught students how HIV and other STDs are transmitted and the health consequences of HIV, other STDs, and pregnancy
- 99.4% taught students about tobacco-use prevention
- 98.3% required health education instruction
- 98.2% had a health education curriculum that addressed practicing health enhancing behaviors to avoid or reduce risks
- 97.7% had a health education curriculum that addressed comprehending concepts related to health promotion and disease prevention to enhance health
- 96.5% taught students about injury prevention and safety
- 95.5% taught students about infectious disease prevention
- 90.1% taught students about diabetes
- 87.5% taught students about food allergies
- 83.7% taught all 13 recommended physical activity topics
- 79.4% taught all 20 recommended nutrition and dietary behavior topics
- 77.0% taught students about asthma
- 71.6% taught all 18 tobacco-use prevention topics

### School Health Coordination

- 95.8% had health education teachers on their school health council
- 38.0% had technology staff on their school health council

### Physical Education and Physical Activity

- 100.0% taught a required physical education course in Grades 6, 7, and 8
- 99.5% provided goals, objectives, and expected outcomes for physical education to health education teachers
- 71.9% prohibit staff from excluding students from physical education or physical activity to punish them for bad behavior or failure to complete class work in another class

## The School Health Profiles assesses school health policies and practices in 48 states related to

- School health education requirements and content
- Physical education and physical activity
- Practices related to bullying and sexual harassment
- School health policies related to tobacco-use prevention and nutrition
- School-based health services
- Family engagement and community involvement
- School health coordination

### School Health Policies Related to Tobacco-Use Prevention

- 72.4% provided tobacco cessation services for students
- 44.3% provided tobacco cessation services for faculty and staff

### School Health Policies Related to Nutrition

- 98.9% offered a free source of drinking water for students in the cafeteria during lunch
- 98.4% offered a free source of drinking water for students in the cafeteria during breakfast
- 72.2% prohibited staff from giving students food or food coupons as a reward for good behavior or good academic performance
- 64.4% prohibited less nutritious foods and beverages from being sold for fundraising purposes

## West Virginia middle schools and high schools ranked lowest in the nation on these important indicators!

### School Health Policies Related to Nutrition

- 0.0% allowed students to purchase energy drinks from a school vending machine, store, canteen, or snack bar
- 0.6% allowed students to purchase ice cream or frozen yogurt from a school vending machine, store, canteen, or snack bar
- 3.4% allowed students to purchase water ices or frozen slushes that do not contain juice from a school vending machine, store, canteen, or snack bar

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